



Love
A Single Woman's
Valentine's Day
Survival Guide





1. Love On Yourself
Reflect on the things that are not tangible and let
them be a guide to a better you!!

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2. Love On Others
Spend time with your children
friends or family and show them
how much you love them

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3. Think Positive
Positive thinking will manifest a
positive day.

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4. Do Something
Have the confidence to take
yourself out on a date.
(Maybe a nice spa treatment)

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5. Realize

**If you're not with anyone,
it doesn't mean no one loves you
You probably have a secret
admire somewhere...**

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